



# Multivitamin Complex

For Everyday Good Health\*  
With Minerals & Herbs

Dietary Supplement

90 TABLETS

FORMULA

2

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Multivitamin Complex provides 22 essential vitamins and minerals. It includes the antioxidant vitamins C, E and beta carotene, plus B-vitamins and a unique blend of herbs.\* Leading nutrition authorities recommend that all adults should take a multivitamin daily.

**DIRECTIONS:** Take one tablet three times a day with meals.

**INSTRUCCIONES:** Tomar una tableta tres veces al día con los alimentos.

**For Best Results:** Combine with ShapeWorks™ Formulas 1 and 3: Nutritional Shake Mix and Personalized Protein Powder.

We offer a **30-day money-back** guarantee to assure your complete satisfaction. This exclusively formulated product is only available through Herbalife Independent Distributors.

Polyoids® is a registered trademark of Triarco Industries, Inc.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison-control center immediately.

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S u p p l e m e n t F a c t s				
Serving Size: 1 Tablet		Servings Per Container: 90		
	Amount Per Serving	% DV**		
Vitamin A (50% as retinyl acetate and 50% as beta carotene)	1667 IU	33%	Zinc (as zinc gluconate)	5 mg 33%
Vitamin C (as ascorbic acid)	50 mg	83%	Selenium (as selenomethionine)	17 mcg 24%
Vitamin D (as cholecalciferol)	133 IU	33%	Copper (as copper gluconate)	0.5 mg 25%
Vitamin E (as dl-alpha tocopheryl acetate)	10 IU	33%	Manganese (as manganese gluconate)	1.7 mg 85%
Thiamin (as thiamine hydrochloride)	6.7 mg	445%	Chromium (as chromium GTF, polynicotinate and picolinate)	33 mcg 28%
Riboflavin	8.3 mg	488%	Potassium (as potassium gluconate and glycerophosphate)	30 mg <1%
Niacin (as niacinamide)	33.3 mg	166%	Vanadium (as vanadium amino acid chelate)	2 mcg †
Vitamin B6 (as pyridoxine hydrochloride and pyridoxal-5-phosphate)	10 mg	500%	Herbal Blend	16 mg †
Folate (as folic acid)	133 mcg	33%	Choline Bitartrate, Inositol, Bee Pollen, Broccoli, Cabbage, Carrot, Cauliflower, Citrus Bioflavonoids, Garlic, Licorice (Root), Limonene, Polyoids®, Spinach and Vegetase.	
Vitamin B12 (as cyanocobalamin)	2 mcg	33%	** Percent Daily Values (DV) are based on a 2,000 calorie diet.	
Biotin	100 mcg	33%	† Daily Value (DV) not established.	
Pantothenic Acid (as d-calcium pantothenate)	6.7 mg	67%	<b>Other Ingredients:</b> Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Acacia, Microcrystalline Cellulose, Magnesium Stearate, Betaine Hydrochloride, Dextrin, Para Amino Benzoic Acid, Dextrose, Soy Lecithin, Sodium Carboxymethyl Cellulose, Shellac, Ethyl Cellulose and Sodium Citrate.	
Calcium (as calcium carbonate)	167 mg	17%		
Iron (as ferrous fumarate)	2 mg	11%		
Iodine (as potassium iodide)	50 mcg	33%		
Magnesium (as magnesium oxide)	66.7 mg	17%		



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**Other Ingredients:** Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Acacia, Microcrystalline Cellulose, Magnesium Stearate, Betaine Hydrochloride, Para Amino Benzoic Acid, Sodium Carboxymethyl Cellulose, Glycerin, Ethyl Cellulose and Polyvinyl Pyrrolidone.



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